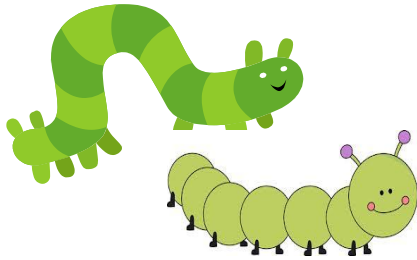
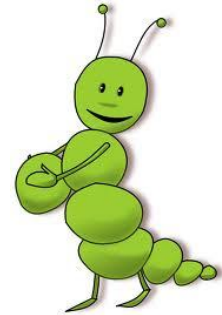


Squiggles and



Wiggles Class

Sensory Play and Self-Regulation

Does your child need to learn how to slow down his “motor”?
Seek a lot of movement and contact? Avoid some kinds of touch
or too much stimulation? We are offering a resource that can help!

A 6-Week Mandala Enrichment Class

Wednesdays ■ 12:00-1:00 pm ■ Oct. 16, 23, 30/Nov. 6, 13, 20
4 students maximum* ■ Age 3 - 5 Years ■ Cost \$300

Facilitated by our licensed Occupational Therapist Consultant, Atty Rosas, OTR/L

JOIN NOW! SPACE IS VERY LIMITED.



Sensory activities build self-regulation and brain skills. The class teaches children to use their whole body and become comfortable with new and different sensory experiences. We are fortunate to offer this class taught by a professional occupational therapist in our new sensory room. Fun activities include trampoline jumping, obstacle courses, scooter boards, ball pits, swings and more. The goal of this class is to improve self-regulation, build core motor skills, and strengthen listening skills. This is a fun class for *any* child, but it is particularly useful for children who need a little extra help. If you have a younger child and are interested in this class, please let us know. We may be able to help you.

* NOTE: A minimum of 3 students per session is needed or the class will be cancelled.

For questions, call Mandala Children's House at (408) 251-8633 or Atty Rosas at (408) 489-2783.

Give your child the chance to build large & small motor skills and have fun, too!